

Way-Maker Affirmation Game

by Janice Lynch

Directions:

Notice any distress or frustration in your life right now.

Take a breath and connect into God (Higher Power, All That Is, Father – Son – Holy Spirit, Divine Source whatever identity works for you. Romans 8:9 tells us that the Spirit of God dwells within us. Galatians 2:20 reveals that Christ lives in us – so we have access to Divine attributes if we are willing to receive them.)

Then, pick one or two numbers from this connected perspective and make note of them.

Read what Divine Attributes you can call upon to assist you now.

You might want to read the Bible passages to gain further insight. What key words have significance for you? Allow God to help you understand how to implement this knowing.

If you don't have a frustration, you can also select a number or two to indicate how to proceed with your next step, or to see what Divine Guidance is available to you now – in any situation.

You might wish to read your affirmation daily for awhile to let it really connect in.

Reminder: The fruit of the Spirit is Love, Joy, Peace, Patience, Kindness, Faithfulness, Gentleness, and Self-Control. Galatians 5:22 & 23. If we are experiencing anything other than these, we may not be connected into Spirit. Time to tune in!

You may wish to cut out each of the individual Attributes with Bible verse and Affirmation and put them in a bowl or basket. You can then draw one and carry this around with you to read any time, as needed.

1. **Abba Father (tender, protective, attentive)** Romans 8:15 – Feeling God’s gentle attention, I am tender and attentive to self and others.
2. **Able** Romans 14:4 – God has the ability to help me stand my ground as I create safe boundaries.
3. **All Knowing (omniscient)** Romans 11:33 – 35 – I may not know the right thing to do, but God’s unfathomable knowing leads the way.
4. **Brings Happiness** Psalms 37:4 – My connected and happy heart grants me my heart’s desires which blesses me and others.
5. **Brings Refreshing** Acts 3:19-21 – I get clear and am refreshed so that I may help myself and other gain a new perspective.
6. **Comforter** I Corinthians 1:3-4 – When I connect into God’s comfort, can be a comfort without having to fix others.
7. **Compassionate** Matthew 9:36 – Instead of acting frustrated and angry at myself and others, I lean into Divine compassion and am kind.
8. **Connective** John 10:30 – When I connect spiritually, I then connect with others in a clearer and more respectful way.
9. **Creator** Genesis 1:1 – God moving within me and through me allows me to actively create the life I want to live.
10. **Deliverer** Matthew 6:13 – Challenges happen. Suffering is optional. Divine Love carries me through it all.
11. **Empathetic** Hebrews 4:15-16 – With confidence I can draw near to God and feel grace flowing to me and through me whenever I need it.
12. **Encouraging** Romans 15:5 – When I feel discouraged, I remember my sacred birthright, and this lights my way forward.
13. **Eternal** Isaiah 9:6 & Jeremiah 31:3 – Others love may fail. I may not love myself sufficiently. Yet, God’s love for me is everlasting and that gives me courage to keep going.
14. **Everywhere (omnipresent)** Jeremiah 23:23-24 – Doesn’t matter where I go . . . God is with me!
15. **Faithful** Hebrews 3:5 – Even if I do dumb stuff, God will never desert me. I keep the faith and keep doing my best to do better.
16. **Forgiving** John 1:9 – When I am connected in, my faults and the faults and mistakes of others fade from my view. Even if they never acknowledge what they did, I can let go and be free.
17. **Gentle** James 3:17 – Tapping into God’s wisdom, I realize it’s okay to be gentle with myself and others while maintaining clear boundaries of respect and responsibility.

18. **Gift Giver** Matthew 7:7 – 11 & James 1:17 - Divine gifts are mine to enjoy and share. I explore these gifts so I can know more and help more.
19. **Gives Freedom** Galatians 5:7 – I accept the freedom granted to me by Divine Love and now I can breathe!
20. **Glorious** Luke 2:14 – My soul sings when I connect to the glorious nature of God.
21. **Good** Jeremiah 33:11 – I now receive the good things God's love has in store for me and share what I can.
22. **Gracious** Nehemiah 9:31 - God's grace is filled with compassion. Tapping into this grace, I feel safe and cared for and can offer that compassion to myself and others.
23. **Guide** Psalms 32:8 – When I don't know which way to turn, I connect in, and guidance comes to me. In a connected state of being, I can guide others on their path.
24. **Healer** Psalms 147:3 – My wounds are healed when I connect in. When I am divinely connected, healing power flows through me to assist others.
25. **Helper** Psalms 46:1 – I am not alone. Divine help comes to me when I connect in.
26. **Hope** Romans 15:13 – I tap into eternal joy and peace when I reclaim my hope in God.
27. **I AM (self-aware)** Exodus 3:14 – I awaken now to the truth of who I am – A beloved child of God.
28. **Immutable (unchangeable)** Romans 8:39 – Life's circumstances change and that can throw me off balance until I remember that I am never separated from the love of God.
29. **Infinite (unlimited)** Psalms 147:5 – I may run out of strength, energy and will power, but prayer connects me to God's infinite compassion and strength.
30. **Immortal** I Timothy 6:16 – My days are numbered, but my time with Love and Light is endless, and knowing that gives me strength and peace.
31. **Inspires** Ephesians 3:17-19 – Inspiration for my next words or actions flow to me effortlessly when I take a moment to open to that Divine channel.
32. **Brings Joy** Romans 13:13– Opening my awareness to God awakens my hope and brings me joy.
33. **Just** Psalms 89:14 – I let go of any injustices in the world or in my life when I recognize Divine justice will happen in Divine timing.
34. **Kind** Psalms 117:2 – Unlimited Divine kindness flows to me. This kindness flows through me. The kind words and/or kind actions I take make a difference in this world.
35. **Leader** Isaiah 58:11 – When I feel like I don't know what to do or how to do it, I take a moment to pray and let God lead the way.

36. **Life** (alive – breath of life) Acts 17:25 – I can take a breath and enjoy being alive because if I'm alive, I'm here for a reason. (Even if I don't know what that might be.)
37. **Light** John 8:12 & I John 2:5 – I breathe in Light and feel the presence of God.
38. **Love** I John 4:8 – When I stand in God's presence I can let go of fear and feel totally loved. Then I can share that love.
39. **Majestic** Psalms 104:1 – Just like standing on a mountain top and feeling exhilarated, standing in God's presence blesses me with a new, open perspective.
40. **Merciful** James 5:11 – God's mercy pours into my life even if I feel like I don't deserve it. With this insight, I can show others mercy (unmerited favor), too.
41. **Mighty** I Peter 5:6 & 7 – My prayer awakens me to God's might care. I feel His caring hand upon me to guide me and give me strength.
42. **Miraculous** Psalms 77:14 – I believe in miracles! Prayer works! I can pray right now! (There is no wrong way to pray – I just speak from my heart.)
43. **Patient** I Corinthians 13:4 – I get impatient with life's circumstances and other people's words and actions. When I connect to Source, I tap into something greater than myself, and I am able to be kind with clear boundaries.
44. **Peace** (peaceful) Isaiah 4:6 – The world may feel like it is in chaos, but Divine peace flows to me and through me when I allow it.
45. **Positive** I John 1:5 – It's easy to slip into negativity and fall pray to criticism. By perceiving God's Light, all shadows of fear and doubt vanish!
46. **Powerful** (omnipotent) Hebrews 1:3 & I Corinthians 4:20 – I may feel weak and helpless, but Divine Source uplifts me and I feel empowered to breakthrough to higher ground.
47. **Protector** Psalms 5:11 – Divine Gladness washes through me when I realize I am safe and divinely protected.
48. **Provider** Acts 14:17 – When I take delight in the Divine nature of God, He grants me my heart's desires.
49. **Redeemer (paid the price)** Psalms 19:14 I can pay it forward in kindness because my inner light has been bought back when I sold myself out into the darkness of ego.
50. **Refuge** 2 Samuel 22:3 – My soul takes shelter under the wings of God's love. From this state of being, I can help others find sacred safety.
51. **Restorer** I Peter 5:10 – Time to take time to reconnect and recharge and reclaim my strength.
52. **Searches the Heart** Psalms 139:23 – When I am aware (awakened to my Divine connection), I listen to my heart and not my worries or fears.

53. **Self-Control** Galatians 5:23 – No one or no-thing pushes me around when I am connected spiritually. I maintain sacred boundaries.
54. **Shepherd** John 10:11-14 – Worries, fears and struggles vanish when I feel the presence of the One who loves me.
55. **Shield** Psalms 28:7 – God's love and my faith shield me from life's storms.
56. **Source** Hebrews 5:19 – When I feel lacking in anything, I return to The Source and am refueled and recharged.
57. **Sovereign (king of kings)** I Timothy 6:15 – Divine Sovereignty grounds me into safe boundaries, clear intentions and the power to move forward.
58. **Spirit** John 4:24 – My spirit connects with Spirit and the truth of who I am what I'm meant to do becomes clear.
59. **Strong (our rock)** Philippians 4:13 – When life's challenges feel overwhelming, I connect to Divine Nature and I am given the strength to do the next right thing.
60. **Teacher** Matthew 23:8 – If I find myself stuck, I may be unteachable - thinking I know what I need to know. I breathe and allow Divine insight to fill me and help me break free and move forward.
61. **The Vine** John 15:1 – My productivity increases when I'm tapped into the Power of Jesus.
62. **The Way** John 14:6 – When I'm confused or distressed, I reach out to Jesus who shows me The Way.
63. **Trustworthy** Psalms 4:5-8 I may fail. Others may fail me. Tuning in to God, I see who is worthy of my trust and I learn how to be more trusting and trustworthy.
64. **Truth (true)** Psalms 119:160 – Other's lies wound my soul. Jesus gets it. Knowing this plants me into a Sacred Truth of who I truly am – a sacred being of Light. Knowing this makes me unshakeable.
65. **Understanding** 2 Timothy 2:7 – Sometimes I just don't get it. Why stuff happens. When I link in with God, I am granted understanding that takes me beyond the why and into what to do next.
66. **Way-maker** Luke 1:79 – God's peace makes my way clear. My path and my soul get brighter with every step of faith.
67. **Willing** Matthew 8:13 – The Lord willingly helps me every step of the way. With this knowing, I become willing to walk a sacred path.
68. **Wise (wisdom)** James 1:5 – We all make mistakes. God grants us wisdom when we prayerfully ask for it. With this wisdom, we can become pure, reasonable, gentle, full of mercy, productive and unwavering. When we do this, we activate our authentic self.